

Age group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Rights Respecting Articles	Article 2 - No discrimination Article 4 - making rights real Article 13 - Sharing thoughts freely Article 14 - Freedom of thought and religion	Article 7 - Name and nationality Article 15 - Setting up or joining groups Article 23 - Children with disabilities Article 30 - Minority culture, language and religion	Article 17 - Access to information Article 28 - Access to education Article 29 - Aims of education Article 31 - Rest, play, culture and arts	Article 24 - Health, water, food, environment Article 33 - Protection from harmful drugs Article 36 - Protection from exploitation	Article 9 - Keeping families together Article 20 - Children without families Article 22 - Refugee children Article 30 - Minority culture, language and religion	Article 24 - Health, water, food, environment
Generic Articles	Article 1 - Definition of the child		Article 2 - No discrimination		Article 3 - Best interests of the child	
Global Goals	Article 10 - Reduced inequalities	Article 10 - Reduced inequalities Article 11 - Sustainable cities and communities	Article 1 - No poverty Article 2 - No hunger Article 4 - Quality education Article 8 - Good jobs and economic growth	Article 1 - No poverty Article 2 - No hunger Article 3 - Good health	Article 5 - Gender Equality Article 16 - Peace and justice	Article 3 - Good health
Ages 3-5 (F1-F2)	Self-identifying Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being Special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles - animal and human Changes in me Changes since being a baby NSPCC PANTS rule Linking growing and learning Coping with change Transition
Ages 6-7	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence NSPCC PANTS rule Assertiveness Preparing for transition

<p>Ages 7-8</p>	<p>Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Responsible choices Seeing things from other perspectives</p>	<p>Families and their differences Family conflict and how to manage it (child centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments</p>	<p>Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting</p>	<p>Exercise Fitness challenges Food labelling and healthy swaps Attitude towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices</p>	<p>Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends</p>	<p>How babies grow Understanding a baby's needs Differences between male and female bodies (correct terminology) NSPCC PANTS rule Family stereotypes Challenging my ideas Preparing for transition</p>
<p>Ages 8-9</p>	<p>Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision making Having a voice What motivates behaviour</p>	<p>Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions</p>	<p>Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes</p>	<p>Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength</p>	<p>Jealousy Love and loss Memories of loved ones Getting on and Falling out Girlfriends and Boyfriends Showing appreciation to people and animals</p>	<p>Being unique Differences between male and female bodies (correct terminology) Confidence in change Accepting change Preparing for transition Environmental change</p>
<p>Ages 9-10</p>	<p>Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating</p>	<p>Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures</p>	<p>Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation</p>	<p>Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour</p>	<p>Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules</p>	<p>Self and body image Influence of online and media on body image Girls and Puberty Healthy relationships Coping with change Preparing for transition</p>
<p>Ages 10-11</p>	<p>Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling</p>	<p>Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy</p>	<p>Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments</p>	<p>Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress</p>	<p>Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use</p>	<p>Body image *Puberty for girls *Puberty for boys Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition *Includes elements of Sex Education which parents have a right to withdraw their child from</p>