



Whole School PE CURRICULUM MAP

EYFS

Early Learning Goals:

Personal Social and Emotional Development - Managing Self

- Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge
- Explain the reasons for rules, know right from wrong and try to behave accordingly
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices

Personal Social and Emotional Development - Building Relationships

- Work and play cooperatively and take turns with others

Physical Development:

Gross Motor Skills

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing

Expressive Arts and Design:

Being Imaginative and Expressive

- Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.

Examples of how PE is taught in EYFS at Front Street:

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| • Daily Routines | • Weekly PE lesson in the school hall | • Access to water throughout the day | • Gross Motor |
| • Continuous Provision | • Focus on routines, balance, ball skills, control, core strength, movement, etc. | • Put on own coats | • Fine Motor |
| • Activities created influenced from incidental and narrative observations | • Circle games | • Getting dressed for PE lessons | • GoNoodle |
| • Outdoor area (in all weathers) | • Use of the Tonies player | • Access to the climbing wall | • Healthy snacks available |
| | | • Soft play | • Events organised and ran by Gateshead SSP |

	Autumn 1 Indoor - Gymnastics Outdoor - Invasion Games	Autumn 2 Indoor - Dance Outdoor - Invasion Games	Spring 1 Indoor - Gymnastics Outdoor - Invasion Games	Spring 2 Indoor - Dance Outdoor - Net/Wall Games	Summer 1 Athletics Outdoor - Net/Wall Games	Summer 2 Fitness Outdoor - Striking and Fielding
YR1	Team Games (including problem solving) Gymnastics	Dodgeball Dance	Hockey Gymnastics	Badminton Dance	Volleyball Athletics	Rounders Fitness
YR2	Team Games (including problem solving) Dance	Handball Gymnastics	Netball Dance	Tennis Gymnastics	Badminton Athletics	Cricket Fitness
YR3	Dodgeball Gymnastics	Rugby Dance	Hockey Gymnastics	Volleyball Dance	Tennis Athletics	Rounders Fitness
YR4	Tag Rugby Dance	Basketball Gymnastics	Handball Dance	Badminton Gymnastics	Volleyball Athletics	Cricket Fitness
YR5	Swimming Hockey	Swimming Dance	Swimming Netball	Swimming Gymnastics	Swimming Athletics	Cricket Fitness
YR6	Basketball Dance	Netball Gymnastics	Rugby Dance	Tennis Dance	Badminton Athletics	Swimming Fitness